



Dear Client,

Thank you for scheduling a massage today. I look forward to providing a therapeutic, peaceful, and safe massage experience for you. For your safety, I have implemented a cleaning protocol between each session. The tables and surfaces will be cleaned. Fresh sheets and blankets will be used for each session. I will wash my hands before and after each session. I will be wearing a mask, face shield, and fresh apron for each session. I will use hand sanitizer as needed. Please let me know if you have a sensitivity to scents as I can include the use of essential oils during the session. We will also have fans and an air purifier in the room.

If you are experiencing any flu like symptoms, fever, shortness of breath, or concern that you have been exposed to COVID -19, please contact us to reschedule or cancel your session. We will be taking your temperature upon arrival. We ask that you arrive wearing a mask and maintain social distancing. Please fill out the intake form in advance and have it ready for review when you arrive. We might spend a little more time talking during the first session so that I can do a thorough intake as needed. Please arrive for your session 5-10 minutes early so that you can receive your full allotted time.

Once you are face down on the table, you can remove the mask, but I ask that you replace it when you turn over. As of this time, we will not be offering face massage.

Thank you for patience in following this extra protocol. We appreciate that you scheduled a massage today and we look forward to creating a relaxing and healing experience for you.

With Gratitude,

Bari